

Walking with God

Spiritual Practices for Ordinary People



Week 2: Study

PRAY: Prayer is an individual form of worship. Start each morning by praying this prayer

Lord, teach me to listen. Help me to pay attention to the ways you are revealed in the world around me - in my everyday life. But also, dear Lord, help me to read and study Scriptures, finding in them the words of life. In Jesus' name... Amen..

Each day add a person or a concern you would like to include in your prayer. Write the name or concern here and speak to God what concerns you and how God can help:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

READ: When you are done praying, read the short Scripture passage for the day. Consider journaling your response to the question asked.

Monday:	2 Timothy 3: 14-17	What voices in your life are more appealing but not useful?
Tuesday:	Psalms 19: 1-4	How do the heavens tell the story of God? And, what are they telling you?
Wednesday:	John 1:1,14	What does these verses tell me about God?
Thursday:	Mark 4: 2-9	What does this parable tell you about your life?
Friday:	Matthew 5: 14-16	How can you turn this reading into a prayer?
Saturday:	Proverbs 1: 2-6	What have you learned by reading this week?

BLESS: End each daily prayer by praying this blessing into your heart:

*As I go out into the world, may I listen for the voice of God and follow wherever it leads.
May God be with me and speak through me; May Christ be with me and raise me to new life;
And may the Holy Spirit dwell within me and make me holy. Amen*